



Cambodia & Thailand



What to bring

- Passport (must have at least 6-month validity)
- Travel Insurance details
- A photocopy of the above two items
- A couple of extra passport photos
- A water bottle
- Camera
- Quick-dry towel
- Small personal first aid kit
- Sunglasses
- Work gloves
- Light waterproof jacket
- Swimwear
- Flashlight
- Power Adaptor (romerchandise.com)
- Any prescribed medication in your hand luggage
- Sunscreen
- Insect repellent



Clothes to pack

- Work pants
- Closed-toed shoes to work in
- Something nice for a night out
- Undies and socks
- There are cheap laundries in the cities



Some extra Tips

- The ROV Travel Shop (romerchandise.com)
- Never/ever leave luggage unattended.
- A few dollars a day for spending money.



How to travel

- Large Backpacks are easier than suitcases
- Day Pack
- Water bottle (empty till you clear Customs)
- Some snacks
- One change of socks and underwear (in hand luggage)



Vaccinations

We cannot advise you on which vaccinations you may require, however, we can point you in the right direction. Check out the website below.

<https://wwwnc.cdc.gov/travel/destinations/traveler/none/cambodia/>



Weather

- Cool season: November – February: you will still get temperature ranges from 21 – 32 C / 70 – 90 F.
- Hot season: March – July: you can expect temperatures from 24 – 34 C / 75 – 93F and it will be humid.